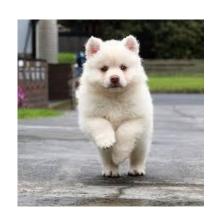


Good Morning!



Schedule:

- 1. Check-In
- 2. Social Story: Why Do We Exercise?
- 3. Stretch
- 4. Go to the Gym

1. Check In

1. How did you sleep last night?



https://www.campaignasia.com/article/engagement-meter-brands-appear-with -new-year-cheer/393445

2. How much energy do you have this morning?



https://nohoartsdistrict.com/industry-all-art/actors-advice/item/590 5-check-your-happiness-meter

3. What are 2 things you are thankful for?

Member 1	Member 2	Member 3	Member 4



2. Social Story:

Why Do We Exercise?





3. Stretch

4. Go to the Gym

Do I have my....

☐ Sneakers?



■ Water bottle?



☐ Key Tag?

